

Traditional English breakfast

Before you start, make a class survey. What do you and your class usually eat for breakfast?

Most of us usually eat

None of us usually eats

..... of us don't eat breakfast.

Discuss

Is it important to have breakfast? Why.

Look at the picture and decide if the statements are true or false.



1. The typical English breakfast is vegetarian.
2. It is healthy.
3. It will give you a lot of energy.
4. Most foods are sweet.
5. There's a lot of vegetables.
6. It is warm.

Which of these foods are NOT on the plate?

- | | | |
|-----------|------------|----------|
| mushrooms | fried eggs | cheese |
| bacon | tomato | sausages |
| jam | toast | |

Complete the statements.

I would like to eat a traditional English breakfast because

I would NOT like to eat a traditional English breakfast because